

NOVEMBER LUNCH MENU ELC

Boucherie November MM 2025 Memorial ELC

This institution is an equal opportunity provider.

MONDAY 11/03	TUESDAY 11/04	WEDNESDAY 11/05	THURSDAY 11/06	FRIDAY 11/07
Pasta Bolognese M (3 oz) W. Wheat Spaghetti G,W (½ Cup) Parmesan D (0.5 oz)) Green Beans (1 Cup) Dinner Roll G,D (1 Each) Milk D (8 oz) Fresh Fruit (½ Cup)	TACO TUESDAY Shredded Chicken M (2 oz) Refried Beans (½ Cup) Brown rice W (½ Cup) Fresh salsa (2 oz) Shredded cheese D (1 oz) Corn tortillas W (2 Each) Milk D (8 oz) Fresh Fruit (½ Cup)	Cheeseburger M (2.5 oz) Whole Wheat Bun G,W (1 Each) Carrots (½ Cup) Corn (1 Cup) Milk D (8 oz) Fresh Fruit (½ Cup)	BBQ Chicken M (2 oz) Macaroni and Cheese D (½ Cup) Carrots (1 Cup)	BBQ Pulled Pork Sandwich M (2 oz) Whole Grain Bun G,W (1 Each) Broccoli (½ Cup) Corn (½ Cup)
11/10	11/11	11/12	11/13	11/14
BBQ Smoked Chicken M (2 oz) Red beans (½ Cup) Brown Rice W (½ Cup) Mixed Veggies (½ Cup) Cornbread G, D (1 Each) Milk D (8 oz) Fresh Fruit (½ Cup)	TACO TUESDAY Ground Beef M (2 oz) Refried Beans (½ Cup) Brown rice W (½ Cup) Fresh salsa (2 oz) Shredded cheese D (1 oz) Corn tortillas W (2 Each) Milk D (8 oz) Fresh Fruit (½ Cup)	Hamburger Macaroni M,G,W (1 Cup) Sweet Peas and Carrots (1 Cup) Dinner Roll(1 EACH)	Teriyaki Chicken M (2 oz) Mixed Veggies (1/2 Cup) Fried Brown Rice G (¾ Cup) Milk D (8 oz) Fresh Fruit (½ Cup)	Grilled Chicken M (2 oz) Fettuccine Alfredo G,D,W (½ Cup) Broccoli (½ Cup)
11/17	11/18	11/19	11/20	111/21
Pasta Bolognese M (3 oz) W. Wheat Spaghetti G,W (½ Cup) Parmesan D (0.5 oz)) Mixed Veggies (1 Cup) Dinner Rolls G,D (1 Each) Milk D (8 oz) Fresh Fruit (½ Cup)	TACO TUESDAY Shredded Chicken M (2 oz) Refried Beans (½ Cup) Brown rice W (½ Cup) Fresh salsa (2 oz) Shredded cheese D (1 oz) Corn tortillas W (2 Each) Milk D (8 oz) Fresh Fruit (½ Cup)	Cheeseburger M (2.5 oz) Whole Wheat Bun G,W (1 Each) Carrots (½ Cup) Corn (1 Cup) Milk D (8 oz) Fresh Fruit (½ Cup)	BBQ Chicken M (2 oz) Macaroni and Cheese D (½ Cup) Carrots (1 Cup)	BBQ Pulled Pork Sandwich M (2 oz) Whole Grain Bun G,W (1 Each) Broccoli (½ Cup) Corn (½ Cup)



